ALLERGY GUIDE PUBLISHED ON 08/08/2025

WHILST WE HAVE PROCEDURES FOR PREPARATION WITHIN MEALS AND DRINKS, KITCHEN AND BAR SERVICE MAY INVOLVE SHARED PREPARATION / COOKING AREAS

- IF YOU HAVE ANY SPECIFIC FOOD / DRINKS ALLERGEN NEEDS, PLEASE INFORM US WHEN ORDERING; WE WILL TAKE REASONABLE STEPS TO PREPARE YOUR MEAL SAFELY, ALTHOUGH CANNOT 100% GUARANTEE COMPLETELY ALLERGEN-FREE ENVIRONMENTS OR PRODUCTS
- STAFF CANNOT OFFER SPECIFIC ADVICE OR RECOMMENDATIONS BEYOND OUR PUBLISHED ALLERGEN GUIDES
- SWAPPING ITEMS MAY RESULT IN CHANGES TO ALLERGENS CONTAINED IN THE DISH
- PLEASE NOTE, OUR ALLERGY GUIDE ONLY COVERS THE 14 MAJOR FOOD ALLERGENS: CEREALS CONTAINING GLUTEN, CRUSTACEANS, EGGS, FISH, LUPIN, MILK, MOLLUSCS, MUSTARD, PEANUTS, SESAME, SOYA, SULPHITES, TREE NUTS (SUCH AS ALMONDS, HAZELNUTS, WALNUTS, BRAZIL NUTS, CASHEWS, PECANS, PISTACHIOS, AND MACADAMIA NUTS), CELERY
- ALL INFORMATION IS CORRECT AT TIME OF PRINTING, HOWEVER, MANUFACTURES MAY CHANGE INGREDIENTS WITHOUT OUR PRIOR KNOWLEDGE
- FOR DISHES THAT ARE SERVED WITH SALAD, THE ALLERGY INFORMATION DOESN'T INCLUDE THE ALLERGENS FOR THE DRESSING, PLEASE SEE 'SIDES' SECTION FOR THIS

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STARTERS & NIBBLES	
PRAWN COCKTAIL CRUSTACEANS. SULPHITES. EGG. MOLLUSCS. FISH. MILK. GLUTEN. SOYBEAN	CHICKEN WINGS MUSTARD. GLUTEN. SOYBEAN. SULPHITES. MAY CONTAIN EGG. MAY CONTAIN MILK. MAY CONTAIN CELERY
PRAWN COCKTAIL (GFO) SERVED WITH GLUTEN FREE BREAD INSTEAD OF BROWN BREAD CRUSTACEANS. SULPHITES. EGG. MOLLUSCS. FISH. MILK.	CAULIFLOWER WINGS GLUTEN. SOYBEA. MAY CONTAIN SESAME. MAY CONTAIN TREE NUTS. MAY CONTAIN PEANUT
MUSHROOMS ON TOAST EGG. MILK. GLUTEN. SOYBEA.N MAY CONTAIN MILK. MAY CONTAIN CELER. MAY CONTAIN MUSTARD	DUCK SPRING ROLLS GLUTEN. SOYBEAN. SESAME. SULPHITES (>10MG/KG). MAY CONTAIN PEANUT. MAY CONTAIN TREE NUTS. MAY
NACHOS GLUTEN. MILK. MAY CONTAIN SOYBEAN	CONTAIN MUSTARD
TUDOR ROSE PLATTER GLUTEN. CELERY. MILK. SULPHITES (>10MG/KG). EGG. SOYBEAN. MUSTARD. MAY CONTAIN SESAME SEEDS. MAY CONTAIN TREE NUTS. MAY CONTAIN PEANUT. MAY CONTAIN CRUSTACEANS. MAY CONTAIN FISH. MAY CONTAIN MOLLUSCS.	HALLOUMI FRIES GLUTEN. MILK. SOYBEAN. MAY CONTAIN MUSTARD. MAY CONTAIN SESAME SEEDS. MAY CONTAIN TREE NUTS. MAY CONTAIN PEANUT. MAY CONTAIN CRUSTACEANS. MAY CONTAIN EGG. MAY CONTAIN FISH. MAY CONTAIN MOLLUSCS. MAY CONTAIN CELERY.
SOUP OF THE MOMENT PLEASE ASK	MAT CONTAIN TISTI, MAT CONTAIN MOLEOSCS, MAT CONTAIN CELEKT.
SOUP OF THE MOMENT (GFO) SERVED WITH GLUTEN FREE BREAD INSTEAD OF BROWN BREAD. PLEASE ASK ABOUT ALLERGENS.	TEMPURA PRAWNS GLUTEN. CRUSTACEANS. SOYBEAN. EGG. MAY CONTAIN PEANUT. MAY CONTAIN TREE NUTS. MAY CONTAIN SESAME
CHEESE & BACON POTATO SKINS (VO) SERVED WITHOUT BACON MILK	CHEESE & BACON POTATO SKINS MILK
CHICKEN GOUJONS CELERY. GLUTEN. MILK. SULPHITES (>10MG/KG). EGG.	GARLIC BREAD & CHEESE GLUTEN. MAY CONTAIN SOYBEAN. MILK
MAY CONTAIN SOYBEAN. MAY CONTAIN MUSTARD. MAY CONTAIN SESAME	BREADED MUSHROOMS GLUTEN. EGG MUSTARD
MAINS	
FISH & CHIPS GLUTEN. FISH. EGG. MUSTARD. MAY CONTAIN SOYBEAN. MAY CONTAIN MILK	CHICKEN & HAM PIE GLUTEN. EGG. MILK. MUSTARD MAY CONTAIN SOYA. MAY CONTAIN CELERY. MAY CONTAIN SULPHITES (>10MG/KG)
CHEESE & BACON BURGER GLUTEN. EGG. MILK. MUSTARD. SOYA. SULPHITES. CELERY	BEEF & ALE PIE GLUTEN. MILK. MUSTARD. CELERY. EGG. MAY CONTAIN SOYA
TUDOR ROSE MIXED GRILL EGG. GLUTEN. SOYBEAN. SULPHITES. MAY	RUMP STEAK GLUTEN.
CONTAIN MILK. MAY CONTAIN CELERY. MAY CONTAIN MUSTARD	HALLOUMI & RED PEPPER BURGER GLUTEN. EGG. MILK. MUSTARD
BEEF LASAGNE GLUTEN. EGG. MILK. CELERY. MUSTARD. MAY CONTAIN SOYBEAN	BEEF LASAGNE (VO) VEGETABLE LASAGNE AVAILABLE GLUTEN. EGG. MILK. MUSTARD. MAY CONTAIN SOYA. CELERY
SALMON FAJITAS GLUTEN. FISH	CHEESE & ONION PIE GLUTEN. EGG, MILK. MUSTARD
FILLET OF SALMON GLUTEN. FISH. EGG. MILK. MAY CONTAIN SOYBEAN. MAY CONTAIN CELERY. MAY CONTAIN MUSTARD	HUNTER'S CHICKEN EGG. MILK. MUSTARD LAMB ROGAN JOSH GLUTEN. MAY CONTAIN MUSTARD. MAY CONTAIN
FILLET OF SALMON (GFO) SERVED WITHOUT HOLLANDAISE SAUCE. FISH	SULPHITES
VEG CURRY GLUTEN. MUSTARD . SOYBEAN . MAY CONTAIN EGG . MAY CONTAIN FISH. MAY CONTAIN MILK. MAY CONTAIN CELERY. MAY CONTAIN SESAME SEEDS. MAY CONTAIN SULPHITES (>10MG/KG).	CHICKEN TIKKA MASALA GLUTEN. MILK. EGG. MAY CONTAIN FISH. MAY CONTAIN SOYBEAN. MAY CONTAIN CELERY. MAY CONTAIN MUSTARD. MAY CONTAIN SESAME SEEDS. MAY CONTAIN SULPHITES
HOUSE SALAD & CHICKEN NONE	HOUSE SALAD NONE
HOUSE SALAD & SALMON FISH	RUMP STEAK (GFO) SERVED WITHOUT ONION RINGS
TOAD IN THE HOLE (VO) SERVED WITH VEGETARIAN SAUSAGES GLUTEN.	<u>PIRI PIRI CHICKEN FAJITAS</u> SULPHITES, GLUTEN, MILK
EGG. MILK. MAY CONTAIN CELERY. MAY CONTAIN MUSTARD. MAY CONTAIN SOY	BREADED WHOLETAIL SCAMPI GLUTEN. CRUSTACEANS. FISH. MOLLUSCS. EGG. MUSTARD.
CHICKEN & RIBS EGG. MILK. MUSTARD. CELERY. GLUTEN. SULPHITES (>10MG/KG). EGG. MAY CONTAIN SOYBEAN. MAY CONTAIN SESAME	RUMP STEAK FAJITAS GLUTEN. MILK
	HALLOUMI FAJITAS GLUTEN. MILK
TOAD IN THE HOLE GLUTEN. SOYBEAN. SULPHITES. EGG. MILK. MAY CONTAIN CELERY. MAY CONTAIN MUSTARD	CHEESE & BACON BURGER (GFO) SERVED IN A GLUTEN FREE BUN. EGG. MILK. MUSTARD. SOYA. SULPHITES. CELERY
KOREAN CHICKEN BURGER CELERY. GLUTEN. MILK. SULPHITES (>10MG/KG). EGG. MAY CONTAIN SOYBEAN. MUSTARD. MAY CONTAIN SESAME SEEDS. MAY CONTAIN	VEGAN BURGER CELERY, SOYA, SULPHITES, GLUTEN, MUSTARD. MAY CONTAIN SESAME. MAY CONTAIN LUPIN. MAY CONTAIN MILK. MAY CONTAIN TREE NUTS

KIDS MENU ALLERGENS FOR ACCOMPANIMENTS ARE LISTED SEPARATE	LY
BEEF BURGER IN A BUN CELERY. GLUTEN. SOYA. SULPHITES. EGG. MUSTARD	CORN NONE
	ICE CREAM CUP-CONE MILK. GLUTEN
FISH FINGERS GLUTEN. FISH. MUSTARD. MILK. EGG. MAY CONTAIN	STRAWBERRY JELLY & ICE CREAM MILK
CRUSTACEANS. MAY CONTAIN MOLLUSCS	MINI DONUTS & CHOCOLATE SAUCE GLUTEN. EGG. MILK. SOYBEAN
PORK SAUSAGES GLUTEN. SOYBEAN. SULPHITES. MAY CONTAIN EGG. MAY CONTAIN MILK. MAY CONTAIN CELERY. MAY CONTAIN MUSTARD	MINI ROCKY ROAD SUNDAE GLUTEN, EGG. SOYBEAN. MILK. MAY CONTAIN PEANUT. MAY CONTAIN TREE NUTS.
VEGAN SAUSAGES GLUTEN. MAY CONTAIN EGG. MAY CONTAIN SOY. MAY	CHIPS NONE
CONTAIN MILK. MAY CONTAIN CELERY. MAY CONTAIN MUSTARD	MASH MILK
CHEESE & TOMATO PIZZA MILK. GLUTEN.	PEAS NONE
CHICKEN NUGGETS GLUTEN. SOY CELERY.	BEANS NONE
CHICKEN NUGGETS (GFO) GRILLED CHICKEN BREAST AVAILABLE AS AN	BEEF LASAGNE & GARLIC BREAD GLUTEN. EGG. MILK. CELERY.
ALTERNATIVE	MUSTARD. MAY CONTAIN SOYBEAN
SIDES	L
FRIES NONE	CHEESY CHIPS MILK
CHIPS NONE	BLUE CHEESE SAUCE EGGS. MILK. MUSTARD
BREAD & BUTTER MILK, GLUTEN, SOYA.	COLESLAW EGG. MILK. MUSTARD
CURRY SAUCE GLUTEN. CELERY .MAY CONTAIN EGG. MAY CONTAIN SOYBEAN. MAY CONTAIN MILK. MAY CONTAIN MUSTARD	MUSHROOMS MAY CONTAIN MILK
JACKET POTATO & BUTTER MILK	SIDE SALAD NONE
ONION RINGS GLUTEN.	VEGETABLES PLEASE ASK
SALT & PEPPER CHIPS MAY CONTAIN CELERY. MAY CONTAIN SULPHITES	NAAN BREAD GLUTEN
POPPADOM & MANGO CHUTNEY MAY CONTAIN MUSTARD. MAY CONTAIN SULPHITES	PEPPERCORN SAUCE MILK. SULPHUR DIOXIDE AND SULPHITES (>10MG/KG)
ONION BHAJIS & YOGHURT AND MINT DIP GLUTEN. EGGS. MILK	<u>Salad Dressing</u> Please ask
DESSERTS ALLERGENS FOR ACCOMPANIMENTS ARE LISTED SEPARATELY	
APPLE PIE GLUTEN. MILK. MAY CONTAIN TREE NUTS	BISCOFF CHEEZECAKE PLEASE ASK
CHOCOLATE FUDGE CAKE GLUTEN. SOYBEAN. MAY CONTAIN EGG. MAY CONTAIN MILK. MAY CONTAIN TREE NUTS	ROCKY ROAD SUNDAE GLUTEN, EGG. SOYBEAN. MILK. MAY CONTAIN PEANUT. MAY CONTAIN TREE NUTS.
CHOCOLATE FUDGE CAKE (VGO) SERVED WITH VEGAN VANILLA ICE CREAM GLUTEN. SOYBEAN. MAY CONTAIN TREE NUTS. MAY CONTAIN EGG.	SHARING SUNDAE GLUTEN, EGG. SOYBEAN. MAY CONTAIN PEANUT. MAY CONTAIN TREE NUTS. MILK
KNICKERBOCKER GLORY MILK	VANILLA ICE CREAM MILK
KNICKERBOCKER GLORY (VGO) SERVED WITHOUT A WAFER. MILK	SQUIRTY CREAM MILK
STICKY TOFFEE PUDDING GLUTEN. EGG. MAY CONTAIN SOYBEAN. MAY CONTAIN MILK. MAY CONTAIN TREE NUTS. MAY CONTAIN PEANUT	POURING CREAM MILK CUSTARD MILK
BELGIAN WAFFLE GLUTEN . SOY .MAY CONTAIN MILK. MAY CONTAIN EGG	VEGAN VANILLA ICE CREAM SOYBEAN. MAY CONTAIN MILK. MAY
ICE CREAMS & SORBETS – PLEASE ASK	CONTAIN TREE NUTS. MAY CONTAIN EGG.
EARLY DINERS MENU – STARTERS	
CHICKEN GOUJONS CELERY. GLUTEN. MILK. SULPHITES (>10MG/KG). EGG. MAY CONTAIN SOY. MAY CONTAIN MUSTARD. MAY CONTAIN SESAME	CAULIFLOWER WINGS GLUTEN. SOYBEAN. MAY CONTAIN SESAME SEEDS. MAY CONTAIN TREE NUTS. MAY CONTAIN PEANUT
CHEESE & BACON TOPPED POTATO SKINS MILK	GARLIC BREAD GLUTEN. MAY CONTAIN SOYBEAN. MILK
EARLY DINERS MENU – MAINS	
GAMMON STEAK EGG	<u>VEG CURRY</u> MUSTARD . GLUTEN. SOYBEAN . MAY CONTAIN EGG .
BREADED WHOLETAIL SCAMPI GLUTEN. CRUSTACEANS. FISH. MOLLUSCS. EGG. MUSTARD.	MAY CONTAIN FISH. MAY CONTAIN MILK. MAY CONTAIN CELERY. MAY CONTAIN SESAME SEEDS. MAY CONTAIN SULPHITES
JACKET POTATO & TUNA MAYO FISH, EGG, MILK. MUSTARD.	(>10MG/KG)
FISH & CHIPS GLUTEN. FISH. EGG. MUSTARD. MAY CONTAIN SOYBEAN. MAY CONTAIN MILK	HUNTERS CHICKEN BAGUETTE CELERY. GLUTEN. MILK. SULPHITES (>10MG/KG). EGG. MAY CONTAIN SOYBEAN. MAY CONTAIN
SAUSAGE, EGG & CHIPS (VEGAN SAUSAGES) GLUTEN, EGG	MUSTARD. MAY CONTAIN SESAME SEEDS
BEEF LASAGNE GLUTEN. EGG AND EGG PRODUCTS. MILK AND MILK PRODUCTS. CELERY / CELERIAC. MUSTARD . MAY CONTAIN SOYBEAN	CLASSIC CHEESE BURGER GLUTEN. EGG. MILK. MUSTARD. SOYA. SULPHITES. CELERY
SAUSAGE, EGG & CHIPS (PORK SAUSAGES) GLUTEN. SOYBEAN. SULPHITES. EGG	HUNTER'S CHICKEN EGG. MILK. MUSTARD
	JACKET POTATO, CHEESE & BEANS MILK
STEAK & ONION BAGUETTE GLUTEN. MAY CONTAIN SOYBEAN. MAY CONTAIN SESAME SEEDS	FISH GOUJONS IN A BUN GLUTEN. FISH. MUSTARD. MILK. EGG. MAY CONTAIN CRUSTACEANS. MAY CONTAIN MOLLUSCS . MAY CONTAIN SOYBEAN
CHICKEN TIKKA MASALA MILK. GLUTEN. EGG. MAY CONTAIN FISH. MAY	SOUTHERN FRIED CHICKEN WRAP CELERY. GLUTEN. MILK.
CONTAIN SOYBEAN. MAY CONTAIN CELERY. MAY CONTAIN MUSTARD. MAY CONTAIN SESAME SEEDS. MAY CONTAIN SULPHITES	SULPHITES (>10MG/KG). EGG. MAY CONTAIN SOYBEAN. MAY CONTAIN MUSTARD. MAY CONTAIN SESAME SEEDS